

Greek Spinach and Feta Pie

Suitable for Vegetarians

Heat the oven to 200C. Brush a 30cm x 25 cm baking tin with olive oil.

Ingredients (for 8 pieces)

- 1kg spinach
- 2tbsp olive oil (plus an extra glug)
- 1 leek finely chopped
- 4 spring onions chopped
- 300g feta cheese, crumbled
- 20 g dill
- 20 g mint
- Zest of ½ lemon
- 2 eggs beaten
- Nutmeg
- 250g pack filo pastry





- 1. Put the spinach into a large pan. Pour over a couple tbsp water, then cook until just wilted. If using frozen allow to defrost.
- 2. Tip into a sieve then squeeze out any excess water and roughly chop.
- 3. Gently fry the leek in the oil until softened.
- 4. Take off the heat and add the spring onion. Then tip into a large bowl with the feta and herbs and spinach and mix.
- 5. Add the egg, lemon zest, a small glug of oil and a grating of nutmeg. Mix again. Season but be careful, the feta is already salty
- 6. Carefully unroll the filo pastry. Cover with some damp sheets of kitchen paper to stop it drying out.
- Line the tin with half of the filo sheets each brush (or sprayed) with oil. Layer the sheets gently - Don't press down. Let the excess bits hang over the side of the tin.
- 8. Spoon in the filling and level. Now add the rest of the layers of filo pastry.
- 9. Fold the overhanging bits of pastry inwards.
- 10. Drizzle with more oil and cut into portions with a sharp knife.



- 11. Pull the sides into the middle, scrunch up and make sure the filling is covered. Brush with a little more oil.
- 12. Cook the pie for 30 40 mins until the pastry is crisp and golden brown.
- 13. Leave to cool a little before serving